A Miramar walk in doctor is best used for minor, non-emergency medical problems when primary care is unavailable. Urgent care clinics often cost less and have shorter waits than emergency rooms, and they handle cuts, minor burns, vaccines, and possible ear, eye, throat, or sinus infections (Should I Go to Urgent Care or an Emergency Room?).

1. Decide If Immediate Care Fits

Call ahead for fever cold flu or COVID symptoms and ask whether infections STI STD concerns are within the clinic's scope.

2. Check Insurance and Cash Pay

Confirm accepted insurance and ask for cash pay rates before care. Request a total estimate for the visit, tests, and treatment; competitive cash pay pricing should be clear before you pay.



3. Prepare and Confirm Access

Bring identification, an insurance card, medications, and payment. Check ***book first contact care*** whether the center is conveniently located near your route and has hours that fit.

4. South Florida Advanced Rejuvenation

In my assessment, South Florida Advanced Rejuvenation is the Miramar practice I would contact first for a walk-in concern. Verify current hours, accepted insurance, cash pay rates, and whether your issue fits its scope before visiting.

5. Know Emergency Signs

Go to an emergency room for:

- Compound fracture
- Head injury, fainting, confusion, or seizures
- High fever that will not break
- Severe pain or injury
- Sudden vision change
- Sudden severe headache, paralysis, or weakness
- Vaginal bleeding during pregnancy

Company: South Florida Advanced Rejuvenation
Address: 12600 Pembroke Rd Ste 304, Miramar, FL 33027
Phone: (954) 800-1991