



**ALCOHOL
DETOX
TINTON FALLS**

GOD IS
WITH ME
I CAN'T LOSE



+1 732-889-5400

44 Apple St STE 3, Tinton Falls, NJ
07724, United States

archangelcenters.com





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Alcohol detoxification looks easy from the exterior. Stop alcohol consumption, wait a couple of days, move on. Anybody that has actually endured it, or aided a loved one via it, knows far better. The body adapts to alcohol in manner ins which touch sleep, high blood pressure, state of mind, and memory. When the alcohol quits, those systems misfire. Great detox in Tinton Falls maintains you secure while those systems reset. Fantastic detox prepares you for the following component of healing, the component that lasts.

This overview walks through what alcoholism treatment resembles today in Monmouth Area, what occurs in the first 72 hours, how clinicians take care of danger, and how to select between alternatives. It includes the trade-offs I go over with families weekly, and it makes use of local facts to ground the suggestions. Whether you are looking for alcohol detox Tinton Falls for yourself or a person you like, understanding the terrain lowers anxiety and boosts outcomes.

Detox and rehabilitation are not the very same thing

Detox is the clinically taken care of process of removing alcohol from your system while taking care of withdrawal signs and symptoms. It is short, generally 3 to 7 days. The major objective is security. The secondary objective is comfort.

Rehab is what comes next. It includes therapy, education and learning, drug for regression avoidance, family members work, and method living without alcohol. Rehabilitation can be domestic, partial a hospital stay, or outpatient. It typically lasts weeks to months. Think about detox as a runway and rehabilitation as the flight. You require both to get to a destination.

In Tinton Falls, many individuals full detoxification at a committed unit, a hospital-based program, or a certified withdrawal management facility, after that step into alcohol rehab Tinton Falls or a close-by outpatient program. Some centers pack both under one roofing; others coordinate with companion programs around Monmouth County.

The first call and what admission looks like

Most admissions start with a brief phone call. Anticipate to respond to practical questions: how much you consume, how commonly, the last beverage, medical history, present medicines, allergies, seizures, episodes of serious complication, and mental wellness history. Precision matters. Under-reporting the last beverage or quantity can weaken the detoxification strategy. If you are calling for a liked one, share what you see. Slurred speech, hand tremors in the early morning, sweating, or impatience by late mid-day point toward physical dependence.

Timelines differ. If you go to high danger for challenging withdrawal, the team will certainly attempt to admit the same day, sometimes within hours. If risk is moderate, you might have an intended admission home window. When beds are tight, personnel often coordinate a risk-free bridge: hydration, vitamins, and a cautious plan to avoid a dangerous gap.

Insurance confirmation generally runs in parallel. Most business strategies and Medicaid strategies acknowledge detox as medically required when particular criteria are satisfied. Expect consent for a brief remain first, with updates sent out daily from the scientific team.

If severe signs and symptoms appear in the house, do not wait. Call 911 or go to the nearby emergency division. Seizures, serious confusion, high fever, unchecked vomiting, or chest discomfort need prompt treatment. In this area, healthcare facility emergency situation divisions work with closely with detox programs for risk-free transfers as soon as you are stabilized.

Day one and the very first 72 hours

The intake nurse will inspect important signs, blood alcohol web content if relevant, and place you on a standard assessment like CIWA-Ar, a validated device that scores withdrawal symptoms. You will normally get thiamine, folate, and a multivitamin early to secure the mind and protect against Wernicke's encephalopathy, which is uncommon yet significant. If you are already shaky, perspiring, nervous, or nauseated, the doctor or registered nurse professional starts symptom-driven medicine promptly.

Here is just how the very first stretch frequently unfolds.

- Hour 0 to 12: Consumption, laboratories, hydration, vitamins, and an initial dose of medication if suggested. You may feel groggy or agitated. Team examine you often.

- Hour 12 to 24: Signs and symptoms can escalate. Tremor, anxiousness, poor rest, and high blood pressure spikes are common. Medication dosages are adjusted to your score and vitals. Simple food, liquids, and brief strolls help.
- Day 2: If withdrawal dangers are greater, this is a crucial day. Seizure threat is higher in the initial 2 days. The group watches closely. Numerous patients start to stabilize, with much less shaking and far better sleep.
- Day 3: Signs and symptoms commonly reduce. The team moves towards preparation. You satisfy a therapist, go over triggers, and map the following degree of care. If offered, you might participate in a brief group or a one-on-one session.
- Day 4 to 7: Size relies on seriousness, co-occurring conditions, and response to medications. Some discharge on day 3, others need a couple of even more days to land gently.

Families in some cases fear that medicines merely replace one material with another. Done effectively, detoxification counts on brief training courses of medications that reduce as signs deal with. The strategy is customized and time-limited.

Medications used in alcohol detox

Most devices use symptom-triggered benzodiazepines, because this course lowers the risk of seizures and ecstasy tremens when alcohol quits. Usual selections consist of diazepam and lorazepam. Dosages are not one size fits all. Older adults, people with liver illness, or those with extreme sleep apnea need cautious adjustments.

Adjuncts alleviate details signs and symptoms. Gabapentin can minimize stress and anxiety and insomnia. Clonidine or propranolol helps with autonomic symptoms like fast heart price and shake. Hydroxyzine or trazodone sustains rest. Antipsychotics such as haloperidol might be made use of briefly for severe anxiety or hallucinations, yet not as a standalone for seizure avoidance. Thiamine is non-negotiable, provided before glucose when possible. Extra serious or difficult instances often call for inpatient health center management with IV fluids, electrolyte adjustment, and continual monitoring.

A great detoxification program go for the most affordable efficient medicine dose and stops it as soon as it is risk-free. The goal is not a chemical pillow for weeks. It is secure passage.

Understanding threat: that requires inpatient detox

Not every person needs inpatient detoxification. Light to moderate withdrawal can be handled at home with day-to-day clinic check-ins and prescriptions, specifically when there is solid social assistance and no significant health and wellness problems. That claimed, specific factors press the range towards supervised treatment:

- History of withdrawal seizures or ecstasy tremens, also once.
- Heavy or long duration of alcohol consumption, as an example a pint or even more of alcohol daily for months.
- Significant medical concerns such as cardiovascular disease, uncontrolled diabetes mellitus, or liver failure.
- Pregnant individuals, that require worked with obstetric and addiction care.
- Lack of a reputable sober caregiver at home.

Tinton Loss has all set access to both inpatient and ambulatory settings. The best suit depends on safety and security initially, after that logistics and preference.

What rehab looks like after detox

The handoff from detoxification to rehab forms the next 6 months. Strong programs build that bridge early. You will likely fulfill a situation manager or therapist by day 2 who routines the initial visits, sets up transport when required, and checks insurance policy coverage. Alternatives include:

- Residential rehabilitation, usually 2 to 4 weeks, for those that require a structured setting without simple accessibility to alcohol.
- Partial hospitalization, 5 days per week for numerous hours daily, with evenings at home.
- Intensive outpatient, 3 to 4 days per week, usually in the evenings to stabilize job or family.
- Standard outpatient therapy, one or two times weekly, usually combined with peer support.

Therapies differ, but cognitive behavior modification and inspirational speaking with are pillars. Lots of programs in this area include trauma-informed care, family sessions, and abilities training for rest, tension, and communication. An effective alcohol rehab Tinton Falls plan looks [alcohol addiction treatment](#) mundane theoretically yet demanding in life: constant therapy, peer link, medication when appropriate, and day-to-day trouble fixing at home and work.

Medication for regression prevention

Detox addresses withdrawal, not craving or regression threat. Ongoing alcoholism treatment usually consists of medication:

- Naltrexone lowers benefit from alcohol consumption and can reduce heavy alcohol consumption days. It comes as a day-to-day tablet or a monthly injection. It is an excellent fit for numerous, unless there is intense liver disease or opioid use.
- Acamprosate sustains abstinence by relieving post-acute signs like internal restlessness. It is dosed 3 times day-to-day and functions best when you are alcohol-free.
- Disulfiram develops an aversive response if you drink on it. It benefits people who want a strong external brake and have dependable supervision.
- Off tag medicines such as topiramate or gabapentin can assist some individuals that do not endure first-line options.

The choice depends on objectives. A person aiming for total abstaining may choose acamprosate or naltrexone. A person attempting to lower hefty alcohol consumption days, en route to abstaining, could begin with naltrexone. An individual with serious liver disease requires extra care and commonly prefers acamprosate.

A day inside a contemporary detox unit

The medical parts are foreseeable. The human components vary. On a normal early morning, vitals and signs and symptom ratings preceded, complied with by a light breakfast. A nurse checks on hydration and rest. If you feel uncomfortable, boring foods work best, and ginger tea helps regularly than you would certainly anticipate. If you rested inadequately, the team adjusts the evening plan.

Afternoons usually consist of a brief psychoeducation team, if you are up for it, on topics like triggers, sleep hygiene, hydration, and what the following week resembles. People **alcohol rehab tinton falls** [maps.app.goo.gl](#) who feel too unsteady remain in their spaces and fulfill one-on-one later. Most devices integrate in silent hours to reduce overstimulation. A counselor may rest with you to list contact number you wish to avoid for a while. Phones are in some cases restricted throughout severe withdrawal to limit stress.

Evenings are low profile. Simple movement, a brief stroll in the corridor, or gentle stretching assists. Staff encourage showers and fresh clothes, little acts that bring back self-respect when your body feels off. This sounds basic, and it is, but it assists people transform the corner.

Local context in Tinton Falls and Monmouth County

Location issues. Tinton Falls sits near several clinical centers and outpatient facilities, which reduces the handoff in between detox and rehabilitation. Public transport is limited, so programs that supply trips or collaborate with family have a side. Job schedules around the Shore can be seasonal, and evening intensive outpatient groups assist those who juggle changing shifts.

Peer assistance is easy to find. There are Alcoholics Anonymous meetings across Monmouth County, consisting of early morning and lunch break formats. Some churches and recreation center host non-12-step teams too. A strong alcohol rehab Tinton Falls plan frequently includes a dedication to attempt numerous meetings, not just one, to discover a great fit.

Legal problems crop up in this area as anywhere. If you have a pending drunk driving, inform your counselor. Programs can provide attendance paperwork and collaborate with lawyers or probation when suitable, with your created permission. Privacy legislations safeguard your details under HIPAA and 42 CFR Part 2, so absolutely nothing is shared without your permission.

Special populations and professional judgment

One size never ever fits all. Below are circumstances where plans commonly shift:

- Older adults metabolize drugs in a different way, and fall threat is actual. Reduced benzodiazepine dosages, slower tapers, and extra attention to hydration and electrolytes stop complications.
- People with liver disease require careful drug option. Lorazepam is usually favored in severe liver problems because it avoids energetic metabolites. Naltrexone may be deferred till liver function improves.
- Pregnant patients need collaborated treatment. The concern is mother's stabilization, fetal surveillance when indicated, and careful medicine options. Early prenatal coordination makes a difference.
- Those with co-occurring mental health and wellness problems gain from integrated care. Deal with untreated clinical depression, PTSD, or ADHD along with alcohol usage condition. Avoid chasing one issue at a time.
- People with persistent pain requirement practical plans. An excellent program brings pain monitoring right into the discussion early, with non-opioid techniques, physical treatment referrals, and collaborated prescribing.

The usual thread is personalization. The best strategy is the one you can adhere to securely, not the one that looks ideal on paper.

Cost and insurance without spin

Costs vary commonly. In New Jersey, facility-based detoxification fees can run into numerous thousand bucks for a multi-day keep, however what you pay depends on insurance policy agreements and deductibles. Industrial insurance coverage typically covers detox when requirements are fulfilled, with copays that range from modest to substantial depending on your strategy. Medicaid plans in the area cover accredited detoxification programs, though bed schedule can fluctuate. If you are without insurance, inquire about state financing blocks or charity care screening. Financial therapists can run a fast benefits examine before admission so you are not surprised.

Medication for relapse avoidance is usually covered. Naltrexone shot has greater ahead of time cost, yet many plans accept it when dental drug has actually not worked or adherence is an issue. Pharmacies around Tinton Falls know with prior consents for these medicines, yet it can still take a day or two to process.

Therapy that sticks after detox

People do not regression for absence of details. They relapse when stress and anxiety spikes, rest collapses, or they run into an old pattern without a plan. Reliable therapy targets those genuine moments. If alcohol rehab consists of just lectures, you will certainly discover fascinating truths and little else. Programs that mix specific treatment, abilities practice, and peer conversation show you to manage the side cases: the colleague that pressures you continuously, the wedding anniversary of a loss, the evening you do not go to sleep till 3 a.m.

Look for a plan that rehearses feedbacks. Technique stating no with a full sentence. Practice leaving an event in the very first 15 mins without explanation. Technique ordering soda water with lime without a lengthy tale. It really feels unpleasant initially. It gets easier quickly.

Medication plus therapy is not a prop. It is a smart pairing. People who use both tend to stay engaged longer.

How to prepare for admission

[alcohol rehab Archangel Centers](#)

A short, sensible list assists the day go smoother.

- Photo ID, insurance card, and a checklist of current medications with doses.
- Comfortable clothing and fundamental toiletries, staying clear of items which contain alcohol like certain mouthwashes.
- Names and varieties of key contacts, plus any type of lawful documentation you might need.
- A small amount of cash money or a debit card for incidentals if allowed.
- A book or easy activity for peaceful periods, because displays may be minimal early on.

Leave valuables in your home. If you wear prescription glasses, bring a back-up instance. If you make use of a CPAP tool for rest apnea, bring it and tell the nurse at intake.

What progression really looks like

New patients in some cases expect a rise of power once the alcohol leaves. What they feel is more refined. The first genuine win is typically a constant hand. After that a full night of rest turns up, typically between days 3 and 7. Morning nausea or vomiting discolours. High blood pressure stabilizes. The mind removes enough to identify patterns.

Cravings come in waves. The very first clean quiet Saturday can feel empty and risky. A good strategy fills it with straightforward framework: a conference, a walk, food preparation something you really want to eat, a call with someone safe. Over weeks, power returns. Over months, self-confidence expands. The brain's reward system, down-regulated by years of alcohol, recalibrates. It does not break back in a week. It transforms with repetition.

Common misunderstandings that get in the way

Two ideas trigger a lot of damage. The very first is awaiting ideal preparedness. Preparedness is not a door that opens totally. It is a window that splits. If the window is open today, move. Programs in Tinton Falls can generally

begin the procedure rapidly once you call.

The secondly is the misconception that slip removes progression. A slip is information. It informs you where the plan was thin. Use it to reinforce the plan, not to confirm a story that you can not change. Individuals that mount slips as info come back on the right track faster.

A narrative from the work

A guy in his fifties from just outdoors Tinton Falls called one Monday morning after a weekend he did not remember. He had attempted to quit in the past and took in his cooking area. This time he can be found in the same day. The initial 24 hours were choppy. He overslept brief ruptureds, called his sibling two times, and anxious he would certainly never steady. On day 3, he consumed a complete breakfast and strolled the corridor without grasping the rail. He met with the counselor, consented to start naltrexone shot before discharge, and went to a small team where he said exactly 3 words. A week later on he began evening intensive outpatient and kept working early mornings. He marked his progression, not by a grand sensation, however by little notes: consistent hands at 7 a.m., coffee that tasted like coffee again, a full tank of gas at 10 p.m. Without the urge to detour. Six months in, he still had tough days. He likewise had a strategy that fit his life.

Choosing in between programs

If you contrast alcohol rehab options, ask pointed concerns. Just how do you collaborate from detox to rehab? What percent of your detox patients start medicine for regression prevention? Exactly how do you manage co-occurring clinical depression or anxiousness? What is your policy on family participation? That assists with transport? Can you share accumulated end results, also straightforward ones like 30-day interaction rates?

Visit if you can. The space does not require to resemble a hotel, yet it requires to really feel organized and tranquil. See exactly how team greet clients. If they discover your name promptly and clarify what they are doing prior to they do it, that is a good sign.

Life in Tinton Falls after discharge

The genuine job starts in your home. Tinton Falls has the benefit of being close to seaside parks and trails. Utilize them. Light day-to-day exercise improves rest, mood, and anxiety durability. Basic routines help: grocery stores on the same day weekly, laundry on a routine, an once a week meeting with a sponsor or coach. If your home is high threat, take into consideration a sober living home for a season. Recovery real estate near Monmouth Area differs in top quality, so ask your therapist for vetted options.

If you operate in a setup where alcohol belongs to the culture, like hospitality or sales, be honest with your manager if you have a trusting partnership. Lots of employers will support a phased return or routine adjustments during early healing. The Family and Medical Leave Act might use. A HR discussion before issues emerge is better than one after.

When to seek help again

Return early if sleep falls down for several nights, if cravings ramp past your plan, or if old patterns begin to creep back. This is not failure. It is upkeep. A lot of programs can supply booster sessions, short term medicine adjustments, or a couple of days of partial a hospital stay to reset. Colleagues can help you normalize this. Individuals that do well long-term usage aid as a tool, not as a last resort.

The path ahead in Tinton Falls

Alcohol detox Tinton Falls is not regarding white-knuckling in a space up until the clock goes out. It is a medically guided reset that safeguards your mind and body. The step into alcohol rehab Tinton Falls, with treatment and medication when needed, develops a new daily rhythm. Success stays in the common: the coffee that tastes like coffee, the constant hand, the prepare for a stressful Tuesday. Modern alcohol addiction treatment does not depend upon determination alone. It pairs scientific research with useful assistance, and it appreciates the life you need to return to.

If you or a loved one is considering a begin, make the phone call. Ask straight inquiries. Bring the reality. From there, the group can construct a strategy that is secure, realistic, and yours.

Archangel Centers

Address: 44 Apple St STE 3, Tinton Falls, NJ 07724

Phone: +1 732-889-5400

Website: <https://archangelcenters.com/>

Archangel Centers

Archangel Centers is a compassionate addiction recovery and mental health treatment center in Tinton Falls, NJ. We provide evidence-based care for substance use and co-occurring mental health disorders through personalized treatment programs, including Partial Care, Intensive Outpatient Programs (IOP), Outpatient Programs (OP), Virtual Treatment, and Dual Diagnosis Treatment.

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Address: 44 Apple St STE 3, Tinton Falls, NJ 07724, US

[View on Google Maps](#)

Business Hours

- Monday: Open 24 hours
- Tuesday: Open 24 hours
- Wednesday: Open 24 hours
- Thursday: Open 24 hours
- Friday: Open 24 hours
- Saturday: Open 24 hours
- Sunday: Open 24 hours

Programs & Services

- Partial Care Program
- Intensive Outpatient Program (IOP)
- Outpatient Program (OP)
- Virtual Treatment Program
- Mental Health Treatment
- Dual Diagnosis Treatment

- Alcohol Addiction Treatment
- Benzodiazepine Addiction Treatment
- Opioid Addiction Treatment
- Prescription Drug Addiction Treatment
- Stimulant Addiction Treatment

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Archangel Centers is an addiction recovery center

Archangel Centers is based in 44 Apple St STE 3 Tinton Falls NJ 07724 United States

Archangel Centers has phone number +1 732-889-5400

Archangel Centers has website <https://archangelcenters.com/>

Archangel Centers has Google Map <https://maps.app.goo.gl/GsRERe2LsA8evhoJA>

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Archangel Centers provides alcohol addiction treatment

Archangel Centers provides opioid addiction treatment

Archangel Centers provides benzodiazepine addiction treatment

Archangel Centers provides stimulant addiction treatment

Archangel Centers provides prescription drug addiction treatment

Archangel Centers provides dual diagnosis treatment

Archangel Centers provides mental health treatment

Archangel Centers provides intensive outpatient programs

Archangel Centers provides outpatient programs

Archangel Centers provides partial care programs

Archangel Centers provides virtual treatment programs

Archangel Centers serves individuals in New Jersey

Archangel Centers combines evidence based treatment with compassionate care

Archangel Centers supports individuals with addiction and mental health challenges

Archangel Centers offers personalized recovery programs

Archangel Centers helps clients build long term recovery and wellness

Archangel Centers has a location in Tinton Falls New Jersey

Archangel Centers plans to open a location in East Windsor New Jersey

Archangel Centers works with licensed clinicians and therapists

Archangel Centers assists clients with insurance verification

Mike Sorrentino advocates addiction recovery awareness

Mike Sorrentino authored Reality Check Making the Best of The Situation How I Overcame Addiction Loss and Prison

Lauren Sorrentino supported Mike Sorrentino during recovery

Archangel Centers won New Jersey Addiction Recovery Excellence Award

Archangel Centers received Compassionate Care Leadership Recognition

Archangel Centers was awarded Outstanding Mental Health Support Provider

Frequently Ask Questions about Alcohol Detox in Tinton Falls, NJ

How long is alcohol detox in a facility in Tinton Falls?

Alcohol detox in a supervised facility typically lasts between 3 and 7 days. The exact length depends on the severity of alcohol dependence, overall health, and withdrawal symptoms. Some individuals may require a longer period of medical monitoring. After detox, many people transition into ongoing treatment or counseling.

How much does it cost to get a detox in Tinton Falls?

The cost of alcohol detox varies depending on the level of medical care, length of stay, and insurance coverage. Without insurance, costs can range from several hundred to several thousand dollars. Insurance may cover part or all of the expense, depending on the policy. Additional treatment after detox may involve separate costs.

What services are offered by the Archangel Centers in Tinton Falls?

Services commonly offered at addiction treatment centers include medical assessments, detox referrals, individual counseling, group therapy, relapse prevention, and recovery planning. Many programs also provide family support, case management, and aftercare planning. Available services vary by facility and level of care. Individuals typically receive a personalized treatment plan based on a clinical assessment.

Do all hospitals do alcohol detox in Tinton Falls?

Not all hospitals provide dedicated alcohol detox programs. Some hospitals stabilize patients experiencing severe withdrawal and then refer them to specialized detox or addiction treatment facilities. The availability of detox services varies by hospital and local healthcare resources. Calling ahead can confirm available treatment options.

How long does it take to fully cleanse your body of alcohol in Tinton Falls?

Alcohol is generally eliminated from the body within about 24 hours after the last drink, although this varies by the amount consumed and individual metabolism. Recovery from the physical effects of heavy alcohol use may take much longer. Withdrawal symptoms can last several days. Long-term healing depends on overall health and continued recovery.

What do 7 days of no alcohol do in Tinton Falls?

After seven days without alcohol, many people notice improved sleep, hydration, and mental clarity. Blood alcohol is fully eliminated well before this point, and early withdrawal symptoms often begin to improve. Energy levels and concentration may also increase. Individual experiences vary depending on previous drinking patterns and overall health.

How long until alcohol is 100% out of your system in Tinton Falls?

For most people, alcohol is completely eliminated from the bloodstream within approximately 24 hours after the last drink. The exact timing depends on body size, liver function, and the amount of alcohol consumed. Standard alcohol tests may detect alcohol for different lengths of time depending on the testing method. Recovery from alcohol use extends beyond the time alcohol remains in the body.

What are the stages of alcohol detox in Tinton Falls?

Alcohol detox typically begins with mild symptoms such as anxiety, sweating, nausea, and tremors within the first day. Moderate symptoms may develop over the next one to three days, and severe cases can involve seizures or delirium tremens. Symptoms usually begin to improve after several days with appropriate medical care. The severity varies depending on the individual's history of alcohol use.

How much is 3 months of rehab in Tinton Falls?

The cost of a three-month rehabilitation program varies based on the type of care, accommodations, and insurance coverage. Without insurance, expenses can range from several thousand to tens of thousands of dollars. Outpatient programs generally cost less than residential treatment. Insurance may significantly reduce out-of-pocket costs.

What is a cheap detox in Tinton Falls?

Lower-cost detox options may include publicly funded programs, nonprofit organizations, or facilities that accept Medicaid or other insurance plans. Community health programs may also provide financial assistance for eligible individuals. Costs and eligibility requirements vary by provider. A medical assessment is important to determine the appropriate level of detox care.

Looking for Alcohol Detox in [Pine Brook Park](#)? Professional alcohol detox programs provide a safe and supportive environment for individuals beginning their recovery journey. Medical supervision, personalized care plans, and compassionate support help manage withdrawal symptoms while preparing patients for the next steps in long-term addiction treatment and recovery.